

BELIEVE IN YOURSELF

Keep an open mind about society; the way it appears; how events happen. Think about change. How would it affect others? How does it occur and why? Realise that some things are constantly changing and some remain the same. Understand why you welcome some changes in our society and not others. Take into consideration the feelings of others regarding changes. Changes should be for the best of all.

Question yourself, your values; only then can you find answers. Have clear feelings about laws, not just society's but your own as well. Have clear moral ethics; know what you believe and why you believe. For in the immensity of the universe, you are irreplaceable.

On prejudice - Don't exclude anyone because of their race, religion, or even their views on events. You cannot say any of us are the same, we aren't. Of the billions of inhabitants of this earth, there are no duplicates. Each of us is unique. So patiently abide differences in people, their ideas, and their points of view. Be tolerant of yourself, too. For no one is perfect, and know that much could be learned from someone of a different nature. Do not expect people to change to fit your expectations; they have their own, whether they live up to them or not. Accept people for what they are, not what you wish them to be.

Try to mould yourself, not others, into a better person. Know who you are and in what you believe. Learn from your mistakes; don't omit them.

Don't change your ideas simply because of what others believe to be true. Expand yourself, for self growth morally and intellectually leads to happiness which you can share with others.

Know the joy of learning about yourself and about the untried things you can do.

Don't spend your life thinking of yourself alone. Think of others and society, and how you can contribute. You will find yourself through helping others.

Believe in yourself so that others can believe in you.

Elizabeth, 1985