



**Our deepest fear  
is not that we are inadequate.  
Our deepest fear is that we are powerful  
beyond measure.**

**It is our light not our darkness  
that frightens us.**

**We ask ourselves, “Who am I to be Brilliant,  
Gorgeous, Talented and Fabulous?”**

**Who are you not to be?**

**You are a child of God.**

**Your playing small does not serve the world.  
There is nothing enlightened about shrinking  
so that other people won't feel insecure around you.**

**We were born to make manifest  
the Glory of God that is within us.  
It's not just in some of us;  
It is in everyone.**

**As we let our own light shine,  
we unconsciously give other people permission  
to do the same.**

**As we are liberated from our own fear,  
our presence automatically liberates others.**

***Nelson Mandela***